

## Automatic-Voluntary Dissociation: an Unusual Facial Paresis in a Patient with Probable Multiple Sclerosis

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**Summary.** A patient with multiple sclerosis is described who presented with a unilateral loss of voluntary function of his lower face muscles. However, in an emotional situation, there was strong involuntary innervation of these muscles: automatic-voluntary dissociation. The subcortical afferents to the facial motor nucleus are discussed. It is hypothesized that cortical disinhibition of midbrain nuclei underlies the accentuated involuntary innervation.

**Key words:** Supranuclear – Facial expression – Voluntary-emotional-limbic-dissociation

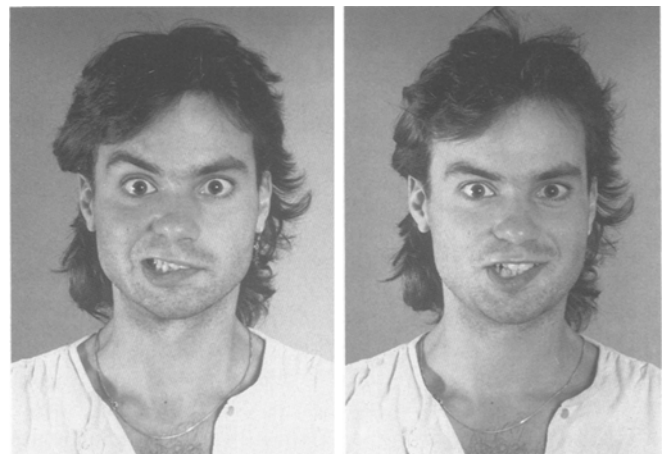
### Introduction

In an earlier issue of this journal, we described a patient with supranuclear motor system degeneration who presented with a unique syndrome of bilateral automatic-voluntary dissociation of facial muscle innervation (Weller et al. 1990). We have now had the opportunity to study an isolated unilateral dissociating facial paresis in a young male with probable multiple sclerosis.

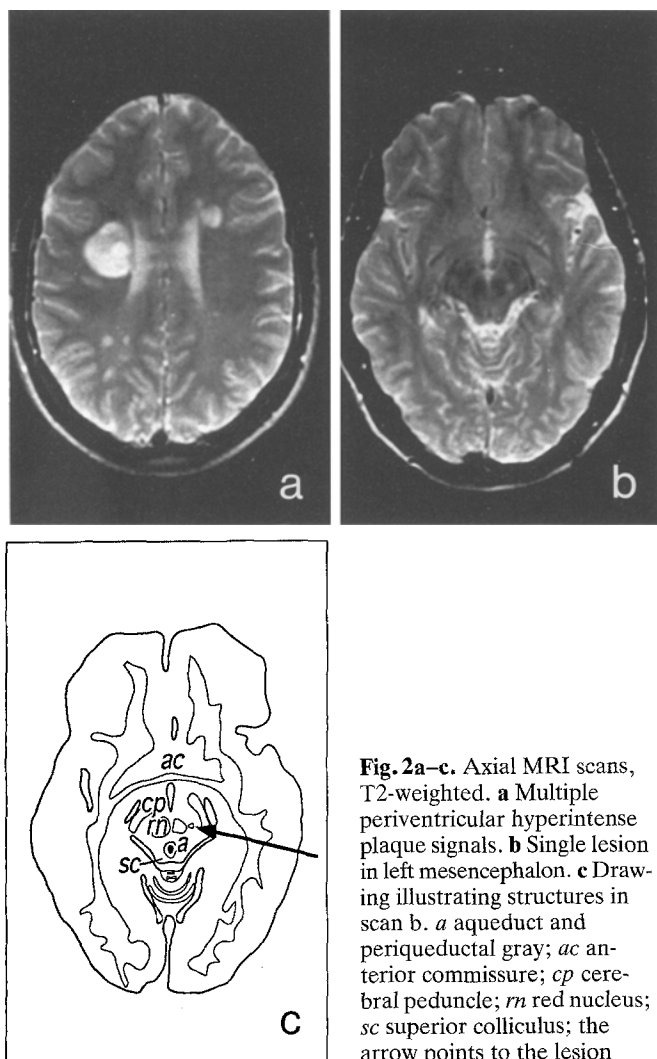
### Case Report

The 25-year-old male was admitted with a left facial paresis of 1 week's duration. He had been healthy until 12 months earlier when he noted a "flutter" of facial muscles in the left perioral region. This symptom subsided after 2 months of treatment with carbamazepine. There was no history of fever, visual loss, double vision, sensory loss, weakness of limbs, or tick bites. On examination of his cranial nerves, there was weakness of his left facial muscles. The left palpebral fissure was wider. Voluntary eye closure was weaker on the left side but complete. The corneal and blink reflexes were symmetric. When the patient was asked to frown, his frontal muscles were paretic on the left side; however, when he looked upwards, he was able to frown. When asked to

show his teeth, the patient could not raise the corner of his mouth, nor could he purse his lips. On the other hand, when enjoying a joke or smiling involuntarily, he showed good innervation of the left side that preceded that on the right (Fig. 1). Taste was preserved, there was no impairment of lacrimation, no hearing or visual loss, no hyperacusis, and no weakness of jaw or pharyngeal muscles. A slight right-sided cerebellar syndrome with hemiataxia, bidirectional gaze-evoked nystagmus and a disturbance of smooth pursuit and optokinetic nystagmus were noted. Deep tendon reflexes were increased on the left, the plantar reflexes were flexor. The sensorium was intact. The patient appeared psychologically unremarkable. Lumbar puncture revealed clear fluid at a normal opening pressure with 3 cells/ $\mu$ l and autochthonous oligoclonal IgG production. No antibodies against *Borrelia sp.* were detectable in CSF or serum. Magnetic resonance imaging (MRI) with T2-weighted images revealed multiple large periventricular plaques and a small hyperintense lesion in the left midbrain close to the red nucleus (Fig. 2). Visual and somatosensory evoked potentials of the tibial nerve were normal. Four weeks after



**Fig. 1.** Left: Left-sided weakness predominantly of the lower face at attempted voluntary movement. Right: Note stronger innervation of the upper lip at involuntary smile on the affected left side compared to the right side



**Fig. 2a–c.** Axial MRI scans, T2-weighted. **a** Multiple periventricular hyperintense plaque signals. **b** Single lesion in left mesencephalon. **c** Drawing illustrating structures in scan b. *a* aqueduct and periaqueductal gray; *ac* anterior commissure; *cpv* cerebral peduncle; *rn* red nucleus; *sc* superior colliculus; the arrow points to the lesion

onset, the symptoms persisted. Electromyography performed of the left orbicularis oculi muscle showed no denervation; the evoked muscle action potentials after direct stimulation of the facial nerve were of normal amplitude. The central latencies of the blink reflex were within normal limits.

## Discussion

The patient presented with a pattern of facial paresis consistent with a supranuclear lesion; the predominant involvement of the lower face, absence of Bell's sign, preservation of blink and corneal reflexes as well as intact secretory and sensory functions in the area of the seventh cranial nerve all pointed to a central etiology. Indeed, a diagnosis of multiple sclerosis was highly probable in the presence of a discrete cerebellar syndrome, a typical CSF pattern and MRI showing multiple white matter lesions (Poser et al. 1983). While the central character of the facial paresis was not in doubt, the degree of preserved involuntary facial muscle innervation was unusual. Automato-voluntary dissociation has not

been described in multiple sclerosis and its anatomical basis is still far from clear.

Automato-voluntary dissociation can be observed at the cortical level with bilateral lesions of the frontal operculum. In this so-called anterior opercular syndrome, the upper and lower face tend to be equally affected ("pseudo-peripheral palsy"), and there is also bilateral loss of voluntary function of other cranial nerves (Foix et al. 1926; Bruyn and Gathier 1969). Steiner (1979) showed in normal and anencephalic newborns that the integrity of the corticobulbar tract is not required for reflexory smile. Other clinical evidence for separate pathways of voluntary and emotional facial innervation comes from patients with peripheral facial palsy who had accessorio-facial nerve anastomoses performed to reinnervate the face. While these patients learned to move their facial muscles without moving their shoulder, emotional expression was irreversibly lost (Kahn 1966).

Stimulation and lesion studies in animals suggest that the midbrain central gray is the lowest level of integration for emotional behaviour (Brown 1967; LeDoux 1987). The central gray blends dorsally with the deep layers of the superior colliculus and comprises the dorsal raphe nuclei ventrally. Like the parabrachial nucleus, it is part of the mesencephalic reticular formation. Studies in cats show that each of these nuclei projects to the lateral subnucleus of the facial motor nuclear complex which innervates perioral muscles (Courville 1966). The projections from the parabrachial and dorsal raphe nuclei are predominantly ipsilateral whereas the dorsal central gray projects mostly contralaterally (Takeuchi 1979; Holstege et al. 1984; Cowin and Holstege 1992). The dorsal raphe nucleus, central gray, and parabrachial nucleus, for their part, receive limbic afferents from the central nucleus of the amygdala and the lateral hypothalamus (Krettek and Price 1978; Swanson 1976; Saper et al. 1979) by way of the medial forebrain bundle and the dorsal longitudinal fascicle. Furthermore, the ventral pallidum and the substantia nigra pars compacta which have been viewed as a part of a limbic circuit through the basal ganglia (Alexander et al. 1990) also project directly and indirectly to the reticular formation (Beckstead et al. 1979; Graybiel and Ragsdale 1979; Haber et al. 1985). Unvoluntary facial innervation is likely to be conveyed through these multisynaptic pathways although this has not been demonstrated in humans.

Several questions arise. Could the lesion adjacent to the red nucleus (Fig. 2b, c) be responsible for automato-voluntary dissociation? This seems unlikely given that the red nucleus has not been implicated in limbic pathways and projects predominantly to the contralateral facial nucleus (Takeuchi et al. 1979). We are unable to determine the lesion responsible for the patient's symptoms with certainty given the extent of the demyelinating process. We would like to speculate that disruption of right-hemispheric corticomesencephalic fibres caused a disinhibition of limbic input to the facial motor nucleus, thus leading to a stronger emotional innervation on the left side (Monrad-Krohn 1924). Why then is automato-voluntary dissociation not routinely seen in capsular hemiparesis? While the true incidence of automato-voluntary

dissociation in patients with a hemispheric lesion has not been established and is likely to be underreported, it is possible that extensive lesions will affect not only the corticobulbar tract but also other multisynaptic descending pathways.

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